Western Wire: The Kept, The Other Trail Of Tears, And Cowboy Crock Pot Cooking

We round up the latest in books, DVDs, and CDs about and from across the American West.

BY DAVID HOFSTEDE

BOOKS

Old Blue’s Road: A Historian’s Motorcycle Journeys in the American West by James Whiteside

In 2005, James Whiteside bought a Harley Davidson Heritage Softail, and spent the next six years riding throughout the West. He covered more than 15,000 miles, from Dodge City, Kansas, to Yellowstone, from Santa Fe to Wounded Knee. His memoirs of the trip are funny and insightful enough to inspire others to hit the open road.

The Kept: A Novel by James Scott

James Scott’s well-reviewed literary debut is now in paperback. The story has Elspeth Howell and her 12-year-old son, Caleb, setting out on their own after a trio of killers murders the rest of their family. Where survival would figure to be their first goal, mother and son actually devise a different plan -- revenge.

Eldorado: Adventures in the Path of Empire by Bayard Taylor

When Horace Greeley encouraged young men to “go west,” 24-year-old journalist Bayard Taylor was
one of thousands who accepted the challenge. In 1849, Taylor began filing stories on the California Gold Rush, describing its colorful characters to a fascinated readership back in New York.

**Iron and Smoke** by Brandon Nolta

Now in paperback, Brandon Nolta’s supernatural western pits a Shoshone shaman and powerful magus, Aquinas Moore, against a mystical threat that has penetrated the U.S. government, and is just getting started.

**The Other Trail of Tears: The Removal of the Ohio Tribes** by Mary Stockwell

The tragedy of the Trail of Tears, which forced several Indian tribes to migrate from the Southeast to Oklahoma, is covered in most U.S. history books. But surprisingly, it wasn’t the largest and longest such action. Historian Mary Stockwell chronicles the removal of Ottawa, Seneca, and Shawnee tribes, among others, from Ohio and their difficult resettlement in Oklahoma.

**Cowboy Crock Pot Cooking: Real Old West Cowboy Chow Easily Cooked in Your Crock Pot** by Brent Younger

Here’s a chance to cook authentic 1800s recipes -- preferably with 21st century ingredients. Cowboys didn’t worry about low-fat cuisine, so some of these dishes may not be suitable for all diets; but if you have a slow cooker handy and you’re not counting calories, you may want to try your hand at Pot Rustler’s Stew, Quick and Easy Cowpoke Chicken, or, yes, Old Fart Baked Beans.

**Juan Bautista de Anza: The King’s Governor in New Mexico** by Carlos R. Herrera

Two years after Thomas Jefferson wrote the Declaration of Independence, Juan Bautista de Anza arrived in what would later become Santa Fe to serve as governor for the crown of Spain. This biography covers his eventful tenure, as well as his early explorations into California and his battles with the Comanche, which ended with a 1786 peace treaty.

**DVD**

**The Proud Rebel**

While it received only a lukewarm reception at the box office in 1958, Michael Curtiz’s *The Proud Rebel* has aged more than gracefully. Alan Ladd stars opposite his then 11-year-old son, David, as well as Dean Jagger and Olivia de Havilland, cast against type as a tough-talking farm widow.

**MUSIC**

**Lucy Angel, Lucy Angel**

Mothers and daughters that look more like sisters? Country music has seen that act before; Lucy Angel -- Kate and daughters Emily and Lindsay -- hope it will work as well for them as it has for the Judds. Their self-titled debut CD has been released in conjunction with an AXStv reality series about the group’s musical journey.

**Forever Changed, T. Graham Brown**

If T. Graham Brown ever releases a greatest-hits album, he would have to include his performances for McDonald’s, Coca-Cola, Dodge trucks, Taco Bell, and many others -- the guy has been part of more commercials than Flo the Progressive Insurance lady. But he also records real songs, 20 of which have hit the *Billboard* charts.

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